

	Past	Present	Future
Simple	I <b>ate</b> pizza <i>S + verb</i>	I <b>eat</b> pizza <i>S + verb</i>	I <b>will eat</b> pizza <i>S + will + verb</i>
Progressive	I <b>was eating</b> pizza <i>S + was/were + verb(ing)</i>	I <b>am eating</b> pizza <i>S + am/is/are + verb(ing)</i>	I <b>will be eating</b> pizza <i>S + will be + verb(ing)</i>
Perfect	I <b>had eaten</b> pizza <i>S + had + verb</i>	I <b>have eaten</b> pizza <i>S + have/has + verb</i>	I <b>will have eaten</b> pizza <i>S + will have + verb</i>
Perfect Progressive	I <b>had been eating</b> pizza <i>S + had been + verb(ing)</i>	I <b>have been eating</b> pizza <i>S + have/has been + verb(ing)</i>	I <b>will have been eating</b> pizza <i>S + will have been + verb(ing)</i>