

Petersfield Primary School
Suggested Timetable for Home Schooling

9:00 -10:00am	Physical activity e.g. Joe Wicks daily kids workout, Go Noodle, Cosmic Kids, PE activities, morning walk
10:00-11:00am	Academic time- work tasks not using electronics
11:00-12:00pm	Creative time- lego, role play, drawing, painting, baking, crafting
12:00 – 12:30pm	Lunch
12:30- 1:00pm	Chore time
1:00 – 2:00pm	Quiet time- reading, puzzles
2:00- 3:30pm	Academic time- work task including online and apps
3:30- 4:30pm	Afternoon fresh air- bikes, walk, play outside

This is obviously only a suggested guide, what you can do will depend on your own work situation and how many children you have in the house.

This is just to provide an outline for you to use, if you feel it is helpful.